

Welcome to Echo Hill Presbyterian Church

Sunday, January 31, 2021



Worship Schedule

In-person worship has been suspended through January 31st because of the ongoing coronavirus pandemic.

Wednesday:

7:00 pm: Worship on Wednesday
(held virtually via Zoom)

Office Hours:

Monday - Thursday: 8:30 am - 4:30 pm
Friday: 8:00 am – Noon

Visit Echo Hill on the web:

www.echohillchurch.org

Email:

echohill@echohillchurch.org

Phone:

(319) 377-4360

Address:

715 38th St. SE
Cedar Rapids, IA 52403



• Echo Hill Snapshot •

One of the groups that has met consistently throughout the pandemic is the sewing group on Monday mornings. Thanks to Alice Davidson, we have this photo from a sewing group gathering a few years ago. Pictured left to right are Bess Naujoks, Linda Peterson, and Ila Van Dyke.

Worship at Echo Hill is...

*Joyful. Spirit-filled. Thoughtful. Welcoming.
And intentionally diverse.*

Restrooms: Located next to the church office as you come in from the parking lot on the west end of the building.

Masks, Hand Sanitizer, & Wipes: Available for those who need them. Face masks are mandated by the City of Cedar Rapids.

Social Distancing: Please maintain a physical distance of six feet or more from others.

Questions? Please feel free to ask an usher for assistance!

*Missed a copy of
the Bulletin News?
Contact the church office
and we'll send you a copy.*

No Connection Cards Today

Because of the ongoing pandemic, we are not including connection cards in the newsletter. If you have a specific person, group, or event for which you'd like us to join with you in prayer, please email Genee Coles at ihcoles19@gmail.com or Michael Becker at m.becker@echohillchurch.org. This can be for a concern in your life or your health, or for a concern you have for someone else, or for a joyous event.

Welcome to 	
Name:	_____
Address:	_____
City:	_____ State: _____ Zip Code: _____
Best Contact Phone (____):	_____
<small>(Email please print)</small>	
<input type="checkbox"/> Check, if changes in contact information	
If 1st or 2nd-time guest, how did you hear about Echo Hill?	
<input type="radio"/> Radio ad <input type="radio"/> Church website <input type="radio"/> Church member <input type="radio"/> Parade/event	
<input type="radio"/> Facebook <input type="radio"/> Other _____	
<input type="radio"/> 1st-time guest <input type="radio"/> 2nd-time guest <input type="radio"/> Regular attendee	

Life at Echo Hill for the Week of January 31

For today's worship, we welcome Marta Pumroy to the pulpit. Marta is a Ruling Elder at First Presbyterian in Marion. Welcome, Marta!

The per capita for 2021 is \$38.03. Of that, Presbytery's portion is \$23.65, the General Assembly's portion is \$8.98, and the Synod of Lakes and Prairies' share is \$5.40. Per capita contributions are the way we share the expenses of the PC(USA) system of government. The annual amount is a combined request from the presbytery, synod, and General Assembly – of which each congregation is a part. You can designate "per capita" on your check and either mail or drop it off at the church. Each member is responsible for this; otherwise, it's the church's responsibility to pay for the members.

The January/February/March issue of *These Days* (daily devotional) is now available. Free copies are located on the table just outside the church office.

From Pastor Cathy: I want to thank all of you who attended the Zoom goodbye for me and for the cards and visits. You are all a precious part of the Body of Christ. I pray for you always and I pray for those who are gathering to discern the future for Echo Hill!

*Love and prayers,
Pastor Cathy*

On behalf of everyone here at Erskine Elementary, we cannot thank you enough for the generous donations. As you know, this has been an extremely difficult time. Your donations have helped in so many ways! We were able to purchase extra snow pants, boots, gloves, and hats so everyone could sled! The kids have so much fun sledding! We truly appreciate your kindness. – *Erskine PTA*

Worship Schedule

In-person worship is suspended through January 31st. The session will revisit this topic at their next meeting. In the meantime, worship videos will still be available on the church's website at www.echohillchurch.org/worship. Please continue to [listen in on Facebook](#)... and also join us for WOW on Wednesday evenings.

Worship on Wednesday (WOW) is taking place via Zoom! WOW is held at its normal time (7:00 pm on Wednesday nights). And since we do it virtually, we can sing! If you'd like to participate, please email Carol Sindelar at fishlounge1@cs.com and she will send you a Zoom invite for that week's worship.

Weekly Calendar

Sunday:

11:30 PM: Calvin-Sinclair Worship-Sanctuary

12:30 PM: African Congregation-Fellowship Hall

Monday: Office Hours: 8:30 am-4:30 pm

10:00 AM-12:00 PM: Sewing Group-Fellowship Hall

Tuesday: Office Hours: 8:30 am-4:30 pm

9:00 AM: Calvin-Sinclair Coffee & Conversation-Fellowship Hall

10:00 AM: Echo Hill Zoom Coffee

Wednesday: Office Hours: 8:30 am-4:30 pm

Deadline for Bulletin News (10:00 am)

7:00 PM: Worship on Wednesday (Via Zoom)

Thursday: Office Hours: 8:30 am-4:30 pm

6:00 PM: Worker Bees

Friday: Office Hours: 8:00 am-12:00 pm

No Events Scheduled

Saturday:

No Events Scheduled

Gleanings from Jim White

"Dolce far niente" is Italian in origin and means "It is sweet to do nothing."



"Like" Echo Hill on Facebook! Just go to www.facebook.com/EchoHillPresbyterianChurch.

This is the official Facebook site for Echo Hill. Check it out for words of guidance, photos, event information, and more!

Relationships for Everyday Life

We offer our condolences to Carolyn Schmidt and Stephanie, Marc, Dagny, and Sintayehu Hall on the passing of longtime Echo Hill member **John Schmidt**. John passed away Tuesday, January 26, 2021.

Zoom Coffee – February 2



Do you miss seeing your fellow members? Do you miss sharing with your friends? Even though we cannot get together physically during this pandemic, we can "see each other" with Zoom technology. The Caring Team will be starting the first Zoom Coffee on Tuesday, February 2, at 10:00 am. You will need to provide your coffee! At the first Zoom Coffee, you will learn some tips to being a better participant. Then we will discuss a Bible verse. Mark your calendars for February 2 at 10:00 am. Details on connecting to Zoom will be emailed on January 26 and February 1. If you do not have Internet access through your computer or smart phone and would like to participate, contact Lynda Nelson at 319-533-3451. – *The Caring Team*

Noisy Sunday – Bridge Under the Bridge



Today, January 31st, we will have the first Noisy Sunday of 2021. Despite the fact that we can't meet in person, let's make some noise by donating to a worthy cause! Bridge under the Bridge has been helping people by providing meals to people in need since the derecho. This program was started by the Robinson family when they cooked and donated the food in their freezer when the power went out. The Robinsons continue providing food for families with donations and help from volunteers. You can find more information on the Facebook page "Bridge Under the Bridge."

We are asking for your noisy offering to go to this worthy cause. Maybe you'd like to donate the raise you received this month on your social security check? Or maybe you haven't decided where you'd like to put part of your stimulus check to work? Whatever you can do would be greatly appreciated! Please send your checks to Echo Hill, 715 38th St. SE, Cedar Rapids, IA 52403 and put Noisy Sunday in the memo line. The caring team is making a donation as well. Thank you! – *The Caring Team*

Food Bank Update for January



We are trying a new approach to donating to the food bank we support each month. If you would like to support the organization, instead of bringing items to the church, consider making a monetary donation. Often, the organizations can purchase food at a lower cost, and more efficiently than we can. The food bank we're supporting in January is Linn Community Food Bank at First Presbyterian in Cedar Rapids. If you'd like to contribute, simply leave your donation in the office, or mail it to church, with a notation on the check for "food bank." Make your checks out to "Echo Hill Church" and we'll send one check at the end of each month. Thank you for your support of these organizations.

Accounting Specialist:

Sandy Minger
s.minger@echohillchurch.org
Church Office: 319-377-4360
Cell Phone: 217-550-2466

Communication Coordinator:

Michael Becker
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Church Office: 319-377-4360

Accompanist:

Reagan Bieber

Custodian:

Sarah Switalski

Order of Worship – Week of January 31, 2021

The recorded worship service will be available to watch on Sunday morning.
You can follow along by going to echohillchurch.org/worship
and clicking on this week's video.

Gather for Worship -----

Prelude

Welcome & Announcements

Call to Worship

Leader: Praise the Lord! Let us give thanks to the Lord with our whole heart, in the company of the congregation.

People: **Great are the works of the Lord, studied by all who delight in them.**

Leader: Full of honor and majesty is God's work, whose righteousness endures forever.

All: **God has gained renown by wonderful deeds; the Lord is gracious and merciful.**

Prepare for Worship -----

Hymn

Call to Confession

Prayer of Confession

All: **Merciful God, we confess our complicity in the lies of racism, sexism and classism — whether we have benefited from these lies or been subjected to them. We have been silent when others are disparaged or held in contempt. Forgive us and liberate us from the enslavements of our world. Restore us to a life of mutuality, love and justice for all. Amen.**

Proclaiming God's Word -----

Prayer for Illumination

Scripture

1 Corinthians 8:1-13 / Mark 1:21-28

Message

Marta Pumroy

Responding to God's Word -----

Prayers of the People

Lord's Prayer

Offering

Leave to Serve God's People -----

Benediction/Blessing

Postlude

Liturgy written by Roger Gench